

RESPONSIBILITIES OF FREEDOM

**AN ORIENTATION AND MATRICULATION LECTURE FOR NEW STUDENTS OF 2020/2021
ACADEMIC SESSION , IGBAJO POLYTECHNIC, OSUN STATE**

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UNITED NATIONS AND CHARTER OF FUNDAMENTAL HUMAN RIGHTS

- FREEDOM OF PERSONS - CERTAIN AGE OF THIS BRACKET IN MY AUDIENCE TODAY.
- COVERING MANY DIMENSIONS OF LIFE
- UNIVERSAL IN EXPRESSION AND TOUCHING DIVERSE AREAS OF LIFE WITH IMPLICATIONS
- UNFORTUNATELY ; RESPONSIBILITIES FOR THESE FREEDOMS WERE NEVER CONSIDERED.
- GRAVE CONSEQUENCES DEFINITELY ATTEND THESE FREEDOMS

PREAMBLES

- **FREEDOM TO DEFEND SELF – SECURITY.**
 - ACQUIRE A GUN
 - JOIN A CULT
 - DELIBERATELY ALTER YOUR MIND FOR VIOLENCE.
- **FREEDOM TO SELF-DETERMINATION**
 - PARTNERS RATHER THAN MARRIAGE
 - SEX WITHOUT COMMITMENT
 - WEALTH WITHOUT WORK – YAHOOYAHOO.

PREAMBLES

- **FREEDOM OF ASSOCIATION**
- **ANYONE/GROUP THAT FEEDS MY PLEASURE**
- **ANY GROUP THAT GUARANTEES SHORT CUT TO STARDOM**
- **ANY GROUP THAT BEQUEATHS RESPECT THAT IS NOT EARNED**
- **419FRAUDSTERS , CULTISTS ,ARMED ROBBERS,PROSTITUTES**

PREAMBLES

- **FREEDOM OF SPEECH/ BEHAVIOR**
- **DESTRUCTION OF VITAL RELATIONSHIPS**
- **LOSS OF GOLDEN OPPORTUNITIES**
- **DISOBEDIENCE TO CONSTITUTED AUTHORITIES / PARENTS**
- **VIOLENT DEMANDS FOR FREEDOM THROUGH PROTESTS**

FREEDOM TO ACQUIRE PROPERTY

- ACQUISITION OF LIABILITIES – GADGETS ,CARS , OTHERS.**
- STEALING OR ROBBERY TO ACQUIRE – STATUS SYMBOLS**
- LOOTING AS ACQUISITION WITHOUT DUE PROCESS**
- FINANCIAL INDEPENDENCE THROUGH PROSTITUTION**

FREEDOM OF PERSONAL SPACE

- **DESTRUCTION OF SAFE BOUNDARIES**
- **INDULGENCE OF SELF – APETITES**
- **UNRIDLED SELFISH AMBITIONS**
- **MONEY ,POWER AND PLEASURE**
- **DISREGARD FOR MENTORSHIP/ AUTHORITY**
- **DISREGARD FOR GOD**
- **DISREGARD AND DESTRUCTION OF VITAL RELATIONSHIPS**

CONTEMPORARY ISSUES

- **CURRENT ACADEMIC LITERATURE ,MEDIA REPORTS, ANECDOTAL REPORTS SHOW THE CONSEQUENCES OF UNGOVERNED FREEDOM**
- **THE MOST CIVILIZED SOCIETIES SO CALLED ARE PAYING DEARLY FOR IRRESPONSIBLE FREEDOM**
- **THE INFLUENCE IS SPILLING TO AFRICA, NIGERIA AND OUR VILLAGES THROUGH GLOBALIZATION**
- **MEDIA,MUSIC, ANDROID PHONES , TELEVISION HAVE BEEN VEHICLES FOR ADVOCATING THIS BRAND OF FREEDOM**

IMPLICATIONS

- **SOCIETIES NO LONGER SAFE- HOODLUMS ,MISCREANTS**
- **DAMAGED PSYCHOLOGY – DAMAGED FUTURE**
- **DESTRUCTION OF MENTAL CAPITAL AND THE FUTURE OF THE NATION**
- **ABUSE OF MIND ALTERING DRUGS**
- **REDUCED LIFE SPAN THROUGH DAMAGED PHYSICAL HEALTH – MENTAL ILLNESS, CRIMINAL ABORTIONS , COMPLICATIONS FROM ABUSE OF DRUGS**

TEENAGERS AND YOUNG ADULTS

- **THE MOST IMPLICATED GROUP IN THE ABUSE OF FREEDOM**
- **THE MYTH OF PEER PRESSURE – EVERYONE HAS PEER PRESSURE**
- **THE DISCOVERY OF EMOTIONAL AND MENTAL ENERGY AND MISUSE**
- **NEW, BRILLIANT BUT UNTESTED IDEAS WITHOUT BALANCE**
- **CHALLENGING AND DISREGARDING PARENTAL GUIDES AND OTHER FORMS OF AUTHORITIES**
- **DESIRE FOR FREEDOM WITHOUT RESPONSIBILITY**

CONSEQUENCES

- **CYBERCRIME AND DISREGARD FOR FORMAL EDUCATION**
- **SEXUAL ESCAPADES – HIV , ABORTION ,DAMAGED UTERUS**
- **DRUNK FAST DRIVING – RTAS , UNTIMELY DEATHS**
- **CULT CLASH AND GUN-DUELS - CRIMES**
- **EMOTIONAL DISSAPPOINTMENT – DEPRESSION**
- **TEENAGE PREGNANCY AND CHALLENGED MOTHERHOOD**

CONSEQUENCES

- **SCHOOL DROP-OUTS DUE TO BAD ACADEMIC PERFORMANCE**
- **CRIME RATE INCREASED – LIFE IMPRISONMENT OR DEATH PENALTY**
- **POLITICAL THUGGERY AND LIVING ON HANDOUTS**
- **INABILITY TO SUSTAIN ACADEMIC PERFORMANCE**
- **THE MENACE OF SUSTAINING THE ABUSE OF DRUGS**

THE MENACE OF DRUG ABUSE

- IT IS NO NEWS THAT YOUNG PEEPS ABUSE DRUGS**
- THEY USE DRUGS TO PUSH THEIR FREEDOMS**
- AND ALSO TO VIOLATE RESPONSIBILITIES THAT GO WITH FREEDOM**
- IT ALTERS THEIR MINDS AND DISTORT JUDGEMENT**
- THEY FLOUT BOUNDARIES AND GET RECKLESS**
- THEY ALSO CARE LESS ABOUT CONSEQUENCES**
- IT INTRODUCES MENTAL ILLNESS AND DESTROYS THE FUTURE**

RESPONSIBILITIES OF FREEDOM

- **INTERROGATING 'THE HYPOTHETICODEDUCTIVE MANTRA' – JEAN PIAGET**
- **GOD-GIVEN ENERGY FOR THE FUTURE OF INDIVIDUALS AND SOCIETIES**
- **UNFORTUNATELY THE TILT OF OPERATIONS IS TOWARDS UNWHOLESOME SELF GRATIFICATION AND DESTRUCTIVE TENDENCIES**
- **CHALLENGE FOR PARENTS AND EDUCATORS**
- **CHALLENGE OF OUR RELIGIOUS INSTRUCTORS**
- **CHALLENGE FOR THE INDIVIDUAL MATRICULATING STUDENT**

SIMPLE DEFINITION OF FREEDOM

- **FREEDOM IS THE UNHINDERED EXERCISE OF A PERSON'S WILL IN THE DIRECTION OF A CHOICE**
- **RESPONSIBILITY THEREFORE IS THE NATURAL CONSEQUENCE OF THAT FREEDOM**
- **BEFORE NOW, FREEDOM HAS BEEN ENVIROMENTALLY CONTROLLED BY PARENTS AND TEACHERS .**
- **THROUGH COUNSELLING BUT A LOT OF SANCTIONS – RULES, REGULATIONS**

FREEDOM UNLIMITED

- **BUT NOW IN SCHOOL AWAY FROM HOME YOU HAVE UNLIMITED FREEDOM.**
- **MANAGE A BUDGET AND CAN TELL LIES TO HAVE MORE**
- **YOU CAN TAKE ALCOHOL AND EXPERIMENT WITH SEX**
- **YOU CAN EVEN ABANDON YOUR HOSTEL AND LIVE WITH THE OPPOSITE SEX**
- **YOU CAN JOIN THE HAPPENING GROUPS AND A CULT GROUP**

SIMPLE DEFINITION OF RESPONSIBILITY

- **LITERARILY MEANS YOU ARE RESPONSE – ABLE ; RESPONSIBILITY.**
- **ONLY HUMANS ARE CAPABLE BECAUSE THEY HAVE A MIND RATHER THAN INSTINCTS THAT ANIMALS POSESS.**
- **ANIMALS LACK THE CAPACITY TO INTERROGATE EXTERNAL INFLUENCES SUFFICIENTLY TO CHOOSE A CREATIVE , USEFUL RESPONSE.**

RESPONSIBILITIES OF FREEDOM

- PARENTS HAVE TRIED OTHERWISE YOU WONT BE HERE
- TEACHERS HAVE TRIED OTHERWISE YOU WONT BE HERE
- THE ULTIMATE RESPONSIBILTY IS PERSONAL IRRESPECTIVE
 - AFRICANS LIVE IN DENIAL HENCE WE ARE SUPERSTITIOUS
 - LACK OF PERSONAL RESPONSIBILITY PROJECTS OUR FAILURES ON OTHERS OR DEMONS
 - GENIUSES ARE MADE AND NOT BORN
 - A GREAT LIFE IS A PRODUCT OF CHOICE NOT SENTIMENTS

RESPONSIBILITIES OF FREEDOM

- **THEY ARE PRODUCTS OF CHOICES NOT IMPOSITION**
- **NO MAN OR SPIRIT AND NOT EVEN GOD CAN IMPOSE HIS CHOICE ON YOU.**
- **YOU CANT BLAME THE ENVIROMENT OR WEATHER OR YOUR PARENTS**
- **ONLY ANIMALS GIVE CONDITIONED RESPONSES TO STIMULI**

THE PERSONAL CHALLENGE

- TWO PARAMETERS ARE INVOLVED ; THE **MIND** AND THE EXTERNAL **ENVIRONMENT**
- **ENVIRONMENT** – LISTED UNDER THE CONSEQUENCES
- NO MATTER HOW BAD THE ENVIROMENT; **MINDS** ARE UNDER INDIVIDUAL MANAGEMENT
- THE LOCUS OF CHALLENGE IS THEN **THE MIND** OF MAN TO NAVIGATE THE ENVIROMENT- ECONOMICAL,SOCIAL AND PSYCHOLOGICAL

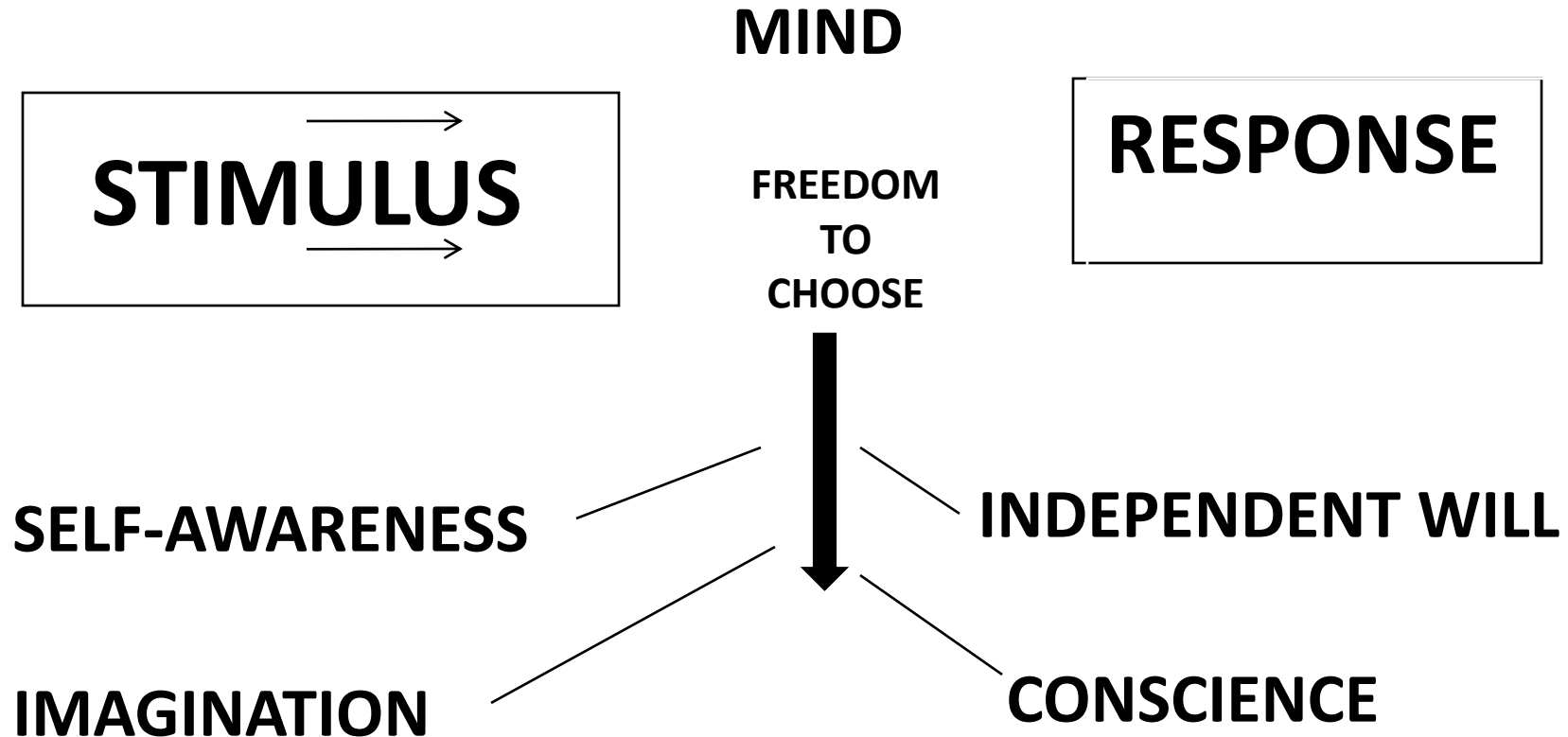
THE PERSONAL CHALLENGE

- PERSONAL ADAPTION FOR CHANGE IS A FUNDAMENTAL CAPACITY OF MAN EMANATING FROM HIS **MIND**.
- THIS CAPACITY HELPS HIM TO SUBDUE STRONGHOLDS IN HIS MIND AND THE **ENVIRONMENT** SERVES HIM
- EVERY HUMAN BEING HAS CAPACITY TO **CHOOSE HIS RESPONSE** IRRESPECTIVE OF HOW FORMIDABLE THE ENVIRONMENT .

THE PERSONAL CHALLENGE

- HUMAN BEINGS ARE DIFFERENT FROM ANIMALS BECAUSE WE HAVE CAPACITY TO **ACT AND NOT BE ACTED UPON.**
- **PAVLOV'S EXPERIMENT – IS COUPLED- CONDITIONING STIMULUS IN LOWER ANIMALS BUT NOT FOR HIGHER ANIMALS**
- WE ARE ENDOWED TO **CHOOSE OUR RESPONSE AND NOT TO BE** CONDITIONED BY THE ENVIROMENT

SPACE BETWEEN STIMULUS AND RESPONSE



THE CHALLENGE OF SELF DEVELOPMENT

- **MAN IS CAPABLE OF EXPANDING THE SPACE BETWEEN STIMULUS AND BE RESPONSE-ABLE THROUGH:**

1. SELF AWARENESS

- DEVELOPING THE SPIRITUAL LIFE
- HELPS TO RECOGNISE **STRENGTHS** AND DEALS WITH **WEAKNESSES**
- DEPLOYMENT OF **EMOTIONAL INTELLIGENCE**
 - **DECISIONS BECOME INDEPENDENT OF LUSTS OF THE FLESH, LUSTS OF THE EYES AND THE PRIDE OF LIFE.**

THE CHALLENGE OF SELF DEVELOPMENT

2. IMAGINATION –

- THE CAPACITY TO **TRANSCEND** THE IMMEDIATE ENVIRONMENT AND CREATE THE FUTURE.
- AS THE MIND GETS TRANSFORMED ; GOALS ,VISIONS AND MISSION STATEMENTS ARE CRAFTED
- YOUR DEVOTION TO GOD BECOMES THE KERNEL OF
 - VISION
 - INFORMATION
 - POWER TO EXECUTE

CHALLENGE OF SELF DEVELOPMENT

3. CONSCIENCE

- THIS IS THE MORAL SENSOR OF THE HUMAN MIND.
- IT GUIDES US IN OUR COPING AGENDAS
- IT CONNECTS US TO DIVINE PRINCIPLES OF OUR MORAL COMPASS
- ENABLES US TO TAKE CORRECTION AND GROW IN WISDOM

CHALLENGE OF SELF DEVELOPMENT

4. WILL POWER

- IT IS THE EXECUTOR OF OUR MANY PLANS
- IT ENSURES THAT OUR PLANS ARE IMPLEMENTABLE AND PRACTICAL
- IT ALSO GIVES THE STAYING – POWER
- ANTIDOTE TO BURNOUT , BOREDOM OR DISILLUSSIONMENT

RESOURCES FOR RESILIENCE

- MENTAL ATTITUDE AND CAPACITY
- SPIRITUAL DEVELOPMENT
- SOCIAL NETWORKS – MENTORSHIP , SOUND PRINCIPLES

APPLICATIONS

- **TIME** – TIME IS A CONSTANT FACTOR AND NEEDS NO MANAGEMENT BECAUSE IT HAS NO VARIABLES.
- **THE VARIABLES OF SELF** SHOULD BE MAXIMIZED IN THE DIRECTION OF SET GOALS
- **QUADRANT OF CRISIS** - IS THE PRECURSOR OF STRESS
- **QUADRANT OF PROACTIVITY** - IS THE CURE OF STRESS

PRACTICES

- **THE WAKING HOURS**

- ENSURING THE MIND IS CONNECTED TO THE **INNER SELF**
- PRAYER RITUALS
- MEDITATION – AFRICANS ARE NOISY ; SCARED OF SOLITUDE
- GOAL-SETTING AND VISUALIZATION

PRACTICES

- **HARVEST OF INSPIRATION** – MUSIC, THE HOLY BOOKS , WALKS.
- **THE FOUR TASKS OF LIFE** – TO LIVE, TO LOVE, TO LEARN AND TO LEAVE A LEGACY THROUGH GIVING.
 - TO LIVE : EXERCISES , AVOID DRUGS AND ALCOHOL
 - TO LOVE : FINDING A MENTOR , VALUING YOUR PARENTS AND THEIR COUNSELS , HAVING A HEALTHY CIRCLE OF FRIENDS WITH SANE VALUES, FIND A TASK TO DO IN THE CHURCH THAT MATCHES YOUR TALENT

PRACTICES

- TO LEARN – MENTAL DEVELOPMENT
 - PAUL REQUESTED FOR HIS BOOKS
 - 1 TIM 4 VS 13 – READING
 - NURTURING WITH THE INNER LIFE.
 - EXPANDING AND DEVELOPING OUR SELF AWARENESS
 - INTERPRETING THE INNER LIFE EXPERIENCES
- TO LEAVE A LEGACY
 - ALIGNING TO THE ULTIMATE TASKS OF LIFE
 - ALL AMBITIONS AND GOALS

SPIRITUALITY FOR DEVELOPING SELF AWARENESS

- SPIRITUALITY IS PERSONAL EXPERIENCE NOT COLLECTIVE
- SPIRITUALITY IS PRINCIPLE CENTERED AND CONNECTION TO GOD
- SPIRITUALITY IS BASED ON CONTINUOUS MEDITATION AND FELLOWSHIP WITH GOD
- SPIRITUALITY TAKES PERSONAL EFFORT AND OBEDIENCE – FELLOWSHIP ENHANCED

END-PRODUCT

- WHOLE-PERSON
 - WELL ADJUSTED AND ACTTUALIZED
 - ALL ROUND SUCCESS
- THE TASKS OF LIFE;
 - To live
 - To love
 - To learn
 - To leave a LEGACY.